

# Tribal Lifeline

Consumers living on Tribal lands\*  
can receive up to **\$34.25** off phone or Internet service.

Lifeline is a federal program that helps lower the monthly cost of your phone or Internet service.

## ELIGIBILITY

You may qualify for a discount if you live on Tribal lands\* **AND** can provide proof for any **ONE** of the following:

- Your income is at or below 135% of the federal poverty guidelines, **OR**
- You participate in any **ONE** of these government benefit programs:
  - Supplemental Nutrition Assistance Program (SNAP)
  - Medicaid
  - Federal Public Housing Assistance (FPHA)
  - Veterans Pension and Survivors Benefit
  - Supplemental Security Income (SSI)
  - Bureau of Indian Affairs General Assistance
  - Tribal Head Start (income based)
  - Tribal Temporary Assistance for Needy Families (Tribal TANF)
  - Food Distribution Program on Indian Reservations Assistance

## WHAT IS A HOUSEHOLD?

You can have multiple households at one address, for example:

- Four adult family members that live at the same address, but do not share income and expenses, may each have their own Lifeline benefit.
- If you share housing with someone who already receives Lifeline, complete the **Household Worksheet** that is available on our website, or through your phone or Internet company.

\*Lifeline's Tribal Lands is defined in 47 CFR §54.400 (e). Go to LifelineSupport.org and select "Tribal Lands" for more information.



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## THREE WAYS TO APPLY



**APPLY ONLINE** Find the online application at [CheckLifeline.org](http://CheckLifeline.org).

OR



**MAIL YOUR APPLICATION** Print an application from [LifelineSupport.org](http://LifelineSupport.org).

OR



**CONTACT A PHONE OR INTERNET COMPANY**  
Find a company that provides Lifeline at [LifelineSupport.org](http://LifelineSupport.org).  
Click *Companies Near Me*.

If you live in **CA** ([CaliforniaLifeline.com](http://CaliforniaLifeline.com)), **OR** ([Lifeline.Oregon.gov](http://Lifeline.Oregon.gov)), or **TX** ([TexasLifeline.org](http://TexasLifeline.org)), visit the website for your state to find out how to apply.

## HOW TO SHOW YOU ARE ELIGIBLE

You may need to show proof that you qualify for Lifeline, such as:

- **A copy of your SNAP or program letter** **OR**
- **A copy of your pay stub or tax return** to prove your income is at or below 135% of the federal poverty guidelines.

## TIPS FOR APPLICANTS ON TRIBAL LANDS

- Check the "Tribal Lands" Box.
- Provide a Tribal ID Number if a SSN is unavailable.
- Your Lifeline company can help determine whether your address is on Tribal lands.
- Ask your service provider about *Tribal Link-Up*. You may be able to get up to \$100 toward your connection to home service.

**NOTE:** An applicant living at a residence without an identifiable address will be asked to provide Geo-coordinates for the physical location. If you don't have this information, you can provide USAC a map that identifies the location of the residence, landmarks, and distances.

## LIFELINE SUPPORT CENTER

(800) 234-9473 | 9 AM-9 PM ET | 7 DAYS PER WEEK  
[LifelineSupport@usac.org](mailto:LifelineSupport@usac.org) | [LifelineSupport.org](http://LifelineSupport.org)

# Lifeline

Lifeline is a federal program that helps lower the monthly cost of your phone or Internet service.

## HOW TO KEEP YOUR BENEFIT

### USE IT OR LOSE IT

If your mobile phone or Internet is free, use it at least **once every 30 days** to keep the benefit.

### RECERTIFICATION

Each year, Lifeline will conduct a check to ensure you still qualify for the benefit. We will review databases that can verify your participation in qualifying programs.

We will send you a letter asking you to recertify your benefit **ONLY** if we are unable to confirm you are still eligible.

#### What to do if asked to recertify:

- Call (855) 359-4299 **OR**
- Complete the form online at [CheckLifeline.org](http://CheckLifeline.org) **OR**
- Complete the recertification form and mail it to:  
Lifeline Support Center  
P.O. Box 7081  
London, KY 40742

You may check your Lifeline Benefit status anytime by calling the Lifeline Support Center, (800) 234-9473.

If you live in **CA** ([CaliforniaLifeline.com](http://CaliforniaLifeline.com)), **OR** ([Lifeline.Oregon.gov](http://Lifeline.Oregon.gov)), or **TX** ([TexasLifeline.org](http://TexasLifeline.org)), visit the website for your state to find out how to recertify.



### TRANSFER YOUR BENEFIT

You may change the phone or Internet company registered with Lifeline at any time.

To do so:

- Talk to your new company to make the switch—some companies may have transfer costs.
- Reapply to Lifeline to confirm you are still eligible.
- Search for a phone or Internet company at [LifelineSupport.org](http://LifelineSupport.org). Click *Companies Near Me*.

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If you have a disability and need assistance with your application, contact the Lifeline Support Center.

Contact your phone or Internet company about your phone, Internet service, or bill.

Lifeline is a Federal Communications Commission (FCC) program to help make communications services more affordable for eligible consumers. The Universal Service Administrative Company (USAC) administers the Lifeline program. USAC is responsible for helping you apply for the program, understand eligibility requirements, and keep your benefit current through an annual recertification process.



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